

# École Porter Street Elementary A Learning Community

# NEWSLETTER

Tuesday, April 11, 2017

*"Take care of yourself, take care of each other,  
take care of this place. Together we are better."*

## MISSION STATEMENT

The mission at Porter Street Elementary is to create a caring, respectful community of learners.

The school community is focused on creating a socially responsible school climate to enhance student learning.



T : 604.936.4296  
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www.sd43.bc.ca/porter  
porterstreet@sd43.bc.ca  
728 Porter Street, Coquitlam, BC,  
V3J 5B4



## An update from our PSLT Porter Student Leadership Team



Back on Monday, February 27 our gym became one BIG bubble gum chewing and bubble blowing fundraiser!

Our PSLT is very excited to announce that they raised **\$320** to support a family from East Vancouver who, in early January, experienced a horrible tragedy. Unfortunately, this family had a very devastating house fire and the unimaginable tragedy of losing a child.

**THANK YOU PORTER SCHOOL COMMUNITY!**

## CONGRATULATIONS TO ALL OF OUR READING LINK TEAMS!

### CONGRATULATIONS to this year's winning team: Rapid Reading Monsters

Congratulations to all six teams and our students who competed in our Reading Link Competition last Monday, April 3 morning.

A HUGE CONGRATULATIONS to the Rapid Reading Monsters who won our Porter Reading Link Competition. Their team members include: Ameeya, Imogen, Siya, Devyn, Johanna and Cali. The Rapid Reading Monsters will represent Porter at the Coquitlam City Reading Link Competition on the morning of Wednesday, April 19.





## DOGS ON PORTER SCHOOL PROPERTY

We recognize and appreciate that dogs are significant and loved members of some of our families and that parents and caregivers, often walk or bring their dog to school when dropping-off their child at the start of the school day and when picking up their child at the end of the school day.

Several weeks ago, a parent reported that before school a dog defecated on our school grounds; the extremely disturbing part was that the dog-dropping was not cleaned up by the owner. The owner is believed to be a school parent. This report was made after the 8:50 am school bell; upon being reported to us our Caretaker and I cleaned up the dropping and disposed of it. The owner and dog had left.

On another occasion last week before school a parent reported that a dog was running on our gravel field off leash.

**Dog feces can transmit disease – PLEASE CLEAN UP AFTER YOUR DOG!**

**Please remember and be mindful that some of our students and adults are scared of dogs; that not all of our school community members are comfortable with dogs – PLEASE KEEP YOUR DOG ON A LEASH AND IN CONTROL AT ALL TIMES!**

**EVEN LOUD DOG-BARKING CAN SCARE SOME STUDENTS AND ADULTS – if you own such a vocal dog please keep your dog a safe distance from our students, undercover areas, especially our adventure play areas.**

Therefore, please, when dropping off and picking up your child:

- ◆ Other than school drop-off and school pick-up of students, dogs are not to be on school property
- ◆ ALL dogs MUST be leashed AT ALL TIMES and under the direct control of the owner
- ◆ DO NOT tie up your dog and leave unattended at any time
- ◆ ALL dogs MUST remain outside the school
- ◆ Dogs and their owners MUST NOT block entrances to and exits from our school
- ◆ Please keep your dog well away from our school entrances/exits
- ◆ Please keep your dog well away from our school playgrounds
- ◆ DO NOT wait with your dog on or next to paths where students enter and exit our school property
- ◆ Dogs should NEVER be off-leash
- ◆ Dog owners MUST clean up their dog's feces and any residue
- ◆ Please report any concerns to the office

While it is difficult for school staff to supervise school property usage during the evenings and weekends, the City of Coquitlam Bylaw Office has been contacted to help monitor school grounds during these times.

The staff at Porter Elementary School is working hard to ensure a safe and caring school environment and with your cooperation we hope to continue to work with all of our community members.

**If someone is caught breaking one or more of the rules above and we can identify the owner we will forward names and details to both the RCMP and City of Coquitlam Bylaws Department.**

**You risk being fined.**

## NEW DOG SIGNAGE



Through the combined efforts of SD43 Coquitlam and the City of Coquitlam a pilot dog signage program has been implemented at both Parkland Elementary and Porter Elementary Schools.

The purpose of the signage is meant to articulate and clarify both City of Coquitlam *Animal Care and Control Bylaw* and SD43 Coquitlam and City of Coquitlam expectations with respect to dogs on school grounds during school hours and after school hours.

The signage was installed, over Spring Break, on our perimeter fencing along both MacIntosh St and Grover Ave. In addition, we had signage put up along several points at the front of our school along Porter St.

The signage looks like:

# Students/Children Play Here

**NO DOGS ALLOWED** on school district property during school days from 8:00 a.m. to 5:00 p.m. with the exception of:

- Assistance dogs.
- Dogs with a parent/guardian during student drop-off and pick-up.

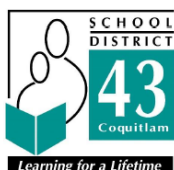
**AT ALL TIMES, ALL DOGS ON SCHOOL PROPERTY MUST BE:**

- Licensed.
- Cleaned up after and have their waste removed.
- Leashed and under adult control.\*
- Kept away from buildings, entrances and play areas.\*

\* Assistance dogs exempt.



*Thank you for following these rules and supporting a respectful environment.*



Individuals must adhere to City of Coquitlam *Animal Care and Control Bylaw 4240, 2011 Section 10.7*

Every owner of an animal, other than a special needs assistance animal, while in a public place must obey all posted signs that apply to that animal, including, without limitation, all signs restricting or prohibiting entry by dogs onto private property.

Failure to adhere to posted signs could result in fines.



For detailed Porter Calendar Information please click [HERE](#) (Intranet – you need your child’s username and password) or [HERE](#) (Public Website Calendar)

## REMINDERS ABOUT OUR NORTH & SOUTH STAFF PARKING LOTS

- Please **DO NOT PARK** in either our north and south parking lot - there are not enough parking stalls for the number of staff we have
- **STUDENT DROP-OFF AND PICK-UP** is allowed in our North Staff Parking Lot; it is designed as a ‘round-about’ for this purpose
- Cars should not be left unattended – this lot is for drop-off and pick-up only

### FOR OUR NORTH PARKING LOT

**PORTER ELEMENTARY  
NORTH STAFF PARKING LOT  
AND  
STUDENT DROP-OFF / PICK-UP ROUND-ABOUT**

### **EXPECTATIONS:**

- **STUDENT SAFETY IS THE PRIORITY**
- **BE KIND, PATIENT AND POLITE**
- **THIS NORTH PARKING LOT IS TO DROP-OFF AND PICK-UP YOUR CHILD ONLY; THEREFORE, PLEASE DO NOT LEAVE YOUR CAR UNATTENDED**
- **PLEASE PARK AS FORWARD AS YOU CAN SO OTHER VEHICLES CAN FIT BEHIND YOU**

**THANK YOU**

### FOR OUR SOUTH PARKING LOT

**PORTER  
STAFF  
PARKING  
ONLY**

**NO STUDENT  
DROP-OFF  
OR  
PICK-UP**

**Principal**

Mr. D. Passaglia  
604-936-4296  
dpassaglia@sd43.bc.ca

**Secretary**

Mrs. Kathy Sather  
604-936-4296  
ksather@sd43.bc.ca

**Assistant Superintendent**

Mr. Carey Chute  
604-939-9201  
cchute@sd43.bc.ca

**Liaison Trustee**

Ms. Diane Sowden  
Phone: 604-939-8973  
dsowden@sd43.bc.ca

# April is JUMP ROPE FOR HEART at Porter!

Do you know someone with a heart condition? Who has had a heart attack? Who has had a stroke? Who has had heart surgery?

Our wonderful school wants to make a positive difference in the lives of these people and their families!

When we returned from Spring Break we had our Canadian Heart and Stroke Foundation JUMP ROPE FOR HEARTS Kick-Off Assembly.

**Our school goal is to raise \$3,500.**

**To date, we have raised \$2,300—this is fabulous!!**

Your child has brought home a donation package which includes:

- information about this very important fundraiser
- donation envelope

This fundraiser will take place during the entire month of April. Then, on Wednesday, April 26 we will be having our **JUMP ROPE FOR HEART – JUMP-OFF DAY!** OUR THEME WILL BE 'DRESS LIKE THE 80's' – it should be a day of FUN!

Click on: [REGISTER Online to support JUMP's 35 years @ Porter Street!](#)

Click here to go directly to the [Heart and Stroke Foundation of Canada website.](#)

Thank you for your continued time, efforts, care and support for your child and our school in helping us achieve our goal.



## online fundraising?

Fundraising online is safe, environmentally friendly and easier for you and your donors. Plus kids receive a \$5 kick-start and a FREE skipping rope with their first online donation. And bonus online prizes include gift cards for Indigo, Toys"R"Us, and Canadian Tire!

It's easy too:

- 1 Go to [jumpropeforheart.ca](#) and click register.
- 2 Choose your province and school.
- 3 Fill out your fundraising information.

That's it! You're now ready to send donation requests from your personal fundraising page.

## A parent's heartfelt thanks



This is my son William. He was born with a hole in his heart so blood wasn't being pumped the way it should. He also had two pulmonary veins pumping blood to the wrong chamber of his heart. Thanks to research, doctors were able to perform open heart surgery when he was 3 years old. They repaired the loonie-sized hole in his heart and re-routed the veins, successfully saving his life. And we got to bring him home. Just like other parents, we were happy and relieved that day. And even today, I'm still happy and relieved when I watch William skip, jump and play with his friends.

That's why I'm writing to you. It's parents like you who make Jump Rope for Heart a success. I know that your schedule is hectic, so I'm extra grateful that you help your child fundraise for Jump.

From one parent to another, thank you for supporting Jump Rope for Heart. Thank you for helping my son become the active, healthy kid he is today.

Sincerely,

Anna Kunz

Thanks to donations and fundraising through programs like Jump Rope for Heart, close to \$31 million funded critical research in hospitals and universities across Canada last year. Let's jump to fund even more!



**Natasha** hopes research finds a way to fix her inherited heart condition.



**Owen** had his final life-saving heart surgery at age 6.



**Dawson** had open-heart surgery at just 4 months old.



**Océane** was 3 days old when she had her first heart surgery.

**Ready. Set. JUMP!**

It's Jump's 35th Anniversary and we're striving to have 1 million kids jumping. Be part of it!

**Fundraise to earn 1 of 5\* Thank You prizes.**

- Raise \$25 Sports Ball
- Raise \$75 Hippy Hop Ball
- Raise \$250 Multi Sports Net
- Raise \$900 Action Camera
- Raise \$1000+ Bike + Action Camera

**Fundraise online for up to 3 bonus prizes!**

With first online donation  
\$5 Kick-start + Skipping Rope

- \$15 online \$15 Gift Card
- \$25 online \$25 Gift Card

Gift card options:  
1. Indigo 2. Toys"R"Us 3. Canadian Tire

**Fundraise online!**



BC Council for Exceptional Children | Spring Workshop



## MANAGING BIG FEELINGS FOR ALL AGES: AN EVENING FOR PARENTS AND EDUCATORS

FRIDAY, APRIL 7, 2017

Emotion regulation has become a recent focus in the psychological literature and in social-emotional learning curriculum in our schools. What is emotion regulation? And how do we instill this important skill in our children? This presentation will introduce the concept of emotion regulation as well as offer strategies for parents who wish to more easily support their child's transition from "melt-down" to "cool-down". In a nutshell, we will discuss ways we can support our children to better manage their big feelings while at the very same time, we try to manage our own feelings in response.

Presented by: **Michelle Srdanovic, M.A., R.C.C.**

Location: Holiday Inn, Vancouver Centre  
711 W. Broadway, Vancouver BC  
Registration & Refreshments 6:30-7:00pm  
Presentation 7:00-9:00pm

#### Who Should Attend:

- Parents
- Caregivers
- Teachers
- People who work with or support children

Sponsored by the BC Council for Exceptional Children | [www.bccec.org](http://www.bccec.org)



BC Council for Exceptional Children | Spring Workshop

#### About Our Presenter:



**Michelle Srdanovic** is a Registered Clinical Counsellor with a Master's Degree in Counselling Psychology from Simon Fraser University. Over the last 15 years, Michelle has worked with families, couples and children using expressive, cognitive-behavioural and emotion-focused therapeutic practices, as well as provided community education on the topics of trauma and anxiety. She was a Board Member of the BCPTA (BC Play Therapy Association) from 2010-13 and is a proponent of the use of play therapy with young children. In the past, she has worked as a Family Counsellor with Family Services of Greater Vancouver providing assessment and therapy to parents and children referred by the MCFD (Ministry of Children and Family Development). She currently divides her time between counselling a broad range of clients in her private practice, supervising graduate interns, and serving as Faculty at BCIT where she teaches psychology and counselling skills. Her private practice work is focused on supporting families who struggle with anxiety and emotion dysregulation. Additional information about Michelle can be found on her website at [www.michellesrdanovic.com](http://www.michellesrdanovic.com)

#### Registration Information:

Please register and pay online at [www.bccec.org](http://www.bccec.org)

#### Registration Deadline: Thursday, April 6th, 2017

Register early, enrollment is limited!

#### Registration Fee: One ticket \$25.00 | Two tickets \$40.00

Light refreshments included.

#### About the BC Council for Exceptional Children

Since its inception, BC CEC has advocated for students with exceptionalities—those with disabilities and special challenges as well as those with gifts and talents. BC CEC is committed to individuals who work with students with exceptionalities—educators, support personnel and parents—recognizing that these dedicated people require tools, resources and professional opportunities to perform their jobs well. BC CEC supports these individuals by providing educational workshops and conferences on leading best practices throughout the year. BC CEC's highlight each year is the YES I CAN! Awards celebration to recognize the outstanding achievements of students with exceptionalities in British Columbia. Students from around the province are recognized in one of seven different categories: academics, arts, athletics, school and community activities, technology, self-advocacy, and transition. Consider nominating a student you know. For more information about the BC Council of Exceptional Children, check out our website – [www.bccec.org](http://www.bccec.org). Like us on Facebook!

Sponsored by the BC Council for Exceptional Children | [www.bccec.org](http://www.bccec.org)

# SD43 SUMMER LEARNING 2017

## 2017 ONLINE Registration at [www.summerlearningcoquitlam.ca](http://www.summerlearningcoquitlam.ca)

### Step 1:

- ▲ Students must have an account with our online system BEFORE registering for courses.
- ▲ Please visit our website and create/update your account today!
- ▲ To create an account you will need your child's PEN number, which is available at your home school.

If you do not know your PEN, please contact your school's main office.  
 Returning to Summer Learning? Update your account.

### Step 2:

#### Online Registration opens 6AM on . . .

- Tuesday April 25 Elementary
- Friday April 28 Middle & Secondary Skill Building
- Friday May 5 Secondary Remedial
- Tuesday May 9 Grade 10 High School Credit
- Friday May 12 Grade 11 High School Credit
- Tuesday May 16 Grade 12 High School Credit

Supports available for students with special needs. See Website for details. Note: registration deadlines apply.

Students are expected to commit to the entire program and attend each and every day.



Tech ed



PE Leadership

## Online Fast Track

Blended Model of Instruction Face-to-face classroom methods are combined with computer-mediated activities. A \$100 fully refundable deposit is payable upon registration for all secondary courses.

**Dates** July 5 through Aug 11  
**Courses\*** Chemistry 11, English 10-12, Mathematics 10-12, Physics 11/12, PE 10, Fitness 11/12, Social Studies 11, Planning 10, Coding (Info Tech)

### Face-to-face:

- ▲ Students attend school twice a week for 3 hours for an enriched classroom experience.
- ▲ Either T/Th or W/F
- ▲ 3 hour sessions (8:30 – 11:30AM & 12:30 – 3:30 PM)

### Online (3 days):

- ▲ On days when students are not in class they access materials online and work, independently or in groups, on course materials.

**Note:** This program is best suited for students wishing to complete their course within a 5-week timeline.

### Provincial Exams

**Dates** Aug 14: English 12  
 Aug 15: Communications 12  
**Location** Gleneagle Secondary

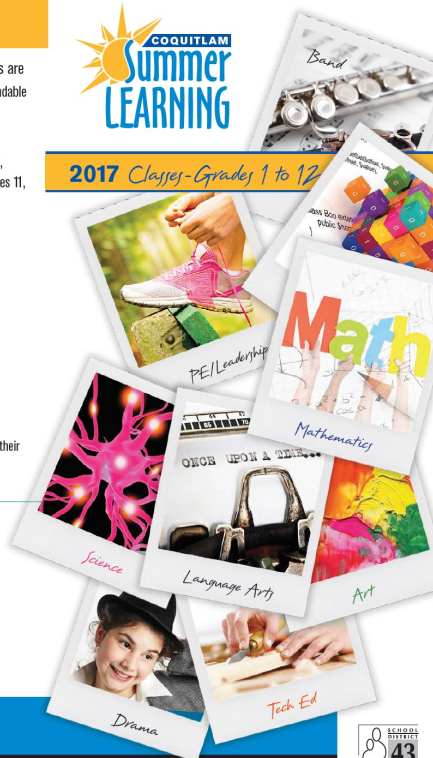


See website for full details!

Telephone: 604.936.4261  
[www.summerlearningcoquitlam.ca](http://www.summerlearningcoquitlam.ca)



## 2017 Classes - Grades 1 to 12



Try something new this summer!

## Elementary Program

Engaging academic and enrichment opportunities await your child this summer! Enhance your child's skills or give them a new learning experience. All courses are taught by a fully-qualified teacher in a safe, friendly school environment.

Our elementary programs are open to all students entering Grades 1 to 5 this September. Tuition is free for students who are BC residents. Tuition fees apply for International students only (see website for details).

**Dates** July 11-28  
**Times** 9:00AM to 12:00 PM  
**Courses\*** K to 1 Transition, Fine Arts, French Immersion, Integrated Subjects, Montessori, Math, Reading & Writing, Coding (Info Tech)  
 Science - Outdoor Focus, Aspenwood, Bramblewood, Coquitlam River, Kilmer, Miller Park, Pinetree Way, Porter, Walton

\*Classes may be cancelled, combined or moved where necessary.

\*\*Locations subject to change

## Middle Program

Looking for a quality, engaging learning experience for your middle schooler? SD43 Summer Learning has something for everyone! All courses are taught by fully-qualified teachers in a safe, friendly school environment.

Our middle programs are open to all students entering Grades 6 to 8 this September. Tuition is free for students who are BC residents. Tuition fees apply for International students only (see website for details).

**Dates** July 11-28  
**Times** 8:45 AM to 11:45 AM  
**Courses\*** Art, Band, Creative Writing, Drama, Home Ec/Culinary, Integrated Studies, Language Arts, Mathematics, Montessori, PE/Leadership, Coding (Info Tech), Science Grade 6/7 (Ecology/Outdoor Focus), Tech Ed\*\*\* (Aerodynamic/Rocketry & Wood)  
 Hillcrest Middle, Scott Creek Middle, Kway Middle, (\*\*\*)at Dr. Charles Best Secondary

Locations\*\*



## Secondary Programs

High School "Advanced/full" credit, Remedial, Skill Building, Online Fast Track . . . SD43 Summer Learning has it! All courses are taught by fully-qualified teachers in a safe, friendly school environment. A \$100 fully refundable deposit is payable upon registration for all secondary courses.

### High School Credit (online Fast Track see back page!)

**Dates** July 5 through Aug 11  
**Times** 8:00 AM to 11:30 AM & 12:00 PM to 3:30 PM  
**Courses\*** Gr 10, 11, and 12 courses in: English, Mathematics & Sciences.  
 Planning 10, Canadian Studies 10\*, PE 10/11, Social Studies 10/11, Composition 11\* & Communications 12.  
**Locations\*\*** Dr. Charles Best Secondary, Gleneagle Secondary

### Skill Building - Grades 8, 9 & 10

**Dates** July 11-28  
**Times** 8:30 AM to 11:30 AM & 12:00 PM to 3:00 PM  
**Course\*** English, Math, Science, Fitness, Tech Ed  
**Location\*\*** Dr. Charles Best Secondary

### Remedial & EAL (ESL)

**Dates** July 11-28  
**Times** 8:30 AM to 11:30 AM & 12:00 PM to 3:00 PM  
**Courses\*** Grades 9 & 10 See Counsellor for Access Codes\*  
**Location\*\*** Dr. Charles Best Secondary

Provincial Exams  
 Eng. 12 - Aug 14  
 Comm. 12 - Aug 15

# SD43 AFTER SCHOOL BOWLING LEAGUE

## AFTERSCHOOL YOUTH 5 PIN BOWLING LEAGUE FOR GRADES 3, 4 & 5.



6 WEEKS WEDNESDAY, MAY 3<sup>RD</sup> TO JUNE 7<sup>TH</sup>

An afterschool sports program such as bowling, is a sport that all children can participate in together. Each week the youth bowlers will enjoy all the benefits of bowling while having fun bowling in teams and as individuals. To promote kids getting to know each other and not being left out, teams will be new each week. Any school can participate in this league with openings for 24 to 32 children. The spots will fill up fast so please get the students registered as soon as possible.



Bumpers will be up so that the bowlers will hit the pins easier and ramps will be provided for students with physical challenges. Our lanes and bowling centre is wheelchair friendly. Remember, Zone Bowling is about being all inclusive.

# FOR GRADES 3, 4 AND 5 STUDENTS

Week	Action	DATE	Benefits
1	<b>Learning the Game, Bowling Safety – Scoring.</b> Five Minute Warm Up & Stretch. Students take turns bowling and are taught to understand relationship between the pins knocked down and their scores.	5/3/17	Counting & Simple Math
2	<b>Children are assigned lanes and teams</b> Five Minute Warm Up & Stretch. Quick review of scoring and bowling safety, then onto the bowling fun. This week kids bowl on teams. Coaches will demonstrate the assigned fun ways to bowls. Keeping it light, keeping it fun.	5/10/17	Hand-Eye Coordination & Balance.
3	<b>Silly Bowling, Children are assigned NEW teams</b> Five Minute Warm Up & Stretch. When the whistle blows kids change how they are bowling, even mid bowl. Kids Choose <ul style="list-style-type: none"> <li>• Funny dance while walking up to bowl</li> <li>• Bowl in slow motion</li> <li>• Bowl with a silly walk</li> </ul>	5/17/17	Hand-Eye Coordination & Balance. Building Confidence, being funny!
4	<b>Trying Your Best Bowling. Children assigned NEW teams</b> Five Minute Warm Up & Stretch. There will be a list of questions for kids to ask each other to learn more about their bowling friends.	5/24/17	Communication Building Confidence
5	<b>Silly Bowling, Children are assigned NEW teams</b> Five Minute Warm Up & Stretch. When the whistle blows kids change how they are bowling, even mid bowl. Kids Choose <ul style="list-style-type: none"> <li>• Bowl as if they are a robot</li> <li>• Bowl while pretending a lane's board is a tight-rope</li> <li>• Bowl with the opposite hand – if leftie, then right hand. If righties then right hand.</li> </ul>	5/31/17	Hand-Eye Coordination & Balance. Building Confidence, being funny! Dexterity
6	<b>Crazy Bowl Tournament</b> Five Minute Warm Up & Stretch. Teams will be selected based on individual scores from the previous six weeks. To keep things fun, students will be put on teams with various ages, skills and grades.  The tournament will be one game, students can bowl any way they wish. Free Bowling Coupons and League Participation Certificate will be given to each student at the end of the tournament.  End of Tournament Party with snacks and beverages.	6/7/17	All the above!



# School District 43



## *Free Ready, Set, Learn Event for Families & their 3-5 Year Olds*

Children will be able to participate in a variety of play based learning activities, listen to stories and have a healthy snack. Parents will be able to learn and play with their child as well as meet with early childhood education experts and local community agencies. Adding even more fun to the festivities, enjoy an award-winning show by children's entertainer Will Stroet. Morning shows will be at 10 am and afternoon shows will be at 1:30 pm.

### **Drop into any one of the following events. It's all free!**

**Thursday, March 2**  
**9:00-11:30**  
Bramblewood Elementary

**Monday, March 6**  
**9:00-11:30**  
Central Elementary

**Tuesday, March 7**  
**12:30-3:00**  
Meadowbrook Elementary



**Wednesday, March 8**  
**9:00-11:30**  
Moody Elementary

**Thursday, March 2**  
**12:30-3:00**  
Birchland Elementary

**Tuesday, March 7**  
**9:00-11:30**  
Irvine Elementary

**Wednesday, March 8**  
**12:30-3:00**  
Mundy Road Elementary



The Ready, Set, Learn initiative, sponsored by the B.C. Ministry of Education provides families with an opportunity to make positive connections with the school system and local community agencies.

# Frustrated? We can help. Coquitlam Continuing Education. We have **FREE\*** solutions!

## Computer Literacy Course - For Beginners

This class is ideal for the absolute beginner. This course will teach you all the basics including: keyboarding, e-mail, word processing and the Internet.

Register in person at Montgomery Centre at 380 Montgomery Street, Coquitlam, B.C. during our regular office hours.



### OUR NEXT SESSIONS RUN AS FOLLOWS:

Tues/Thurs	Literacy Foundations Info. Technology	CLOC	March 28/17	June 20/17	11:45 am -3:05 pm
Tues/Thurs	Literacy Founcations Info. Technology	Montgomery	March 28/17	June 20/17	6:10 pm - 9:30 pm
Mon/Wed	Literacy Foundations Info. Technology	CLOC	April 10/17	June 28/17	11:30 am - 3:10 pm

### We also have classes that start in September!

**Montgomery Centre**  
 380 Montgomery St., Coquitlam  
 604.936.4261

**Coquitlam Learning  
 Opportunity Centre (CLOC)**  
 104-2748 Lougheed Hwy., Port Coquitlam  
 604.945.4211

## For All Your Adult Learning Needs

We also offer: English Language Learning, High School Credit, Business, Career & Job Skills programs and courses. Visit [www.ce43.com](http://www.ce43.com) for more information.

\*BC Residency & Canadian Status requirements.  
 Visit [www.ce43.com](http://www.ce43.com) or call 604.936.4261 for details and required documentation.

**[www.ce43.com](http://www.ce43.com)**

# Parents as Partners in Prevention

## Preventing, Understanding and Responding to Youth Substance-Use

School District No. 43 (Coquitlam) presents *Parents as Partners in Prevention*, information sessions which are open to all parents. While school-based professionals continue to provide substance-use prevention support for students, effective prevention strategies require partnership between school, home and prevention support services.



To that end, we strongly encourage you to attend one of these informative sessions to provide you with strategies to help your child/youth make healthy and safe choices. For more information please contact your school administrator or school counselor.

*These information sessions are designed for an adult audience, and are not intended for children.*

### HIGHLIGHTS

- The substances of choice: What are they? What are their risks?
- Understanding and responding to "First-use" risks as youth transition to secondary school.
- Parental influence: How to support safe and healthy choices for youth.
- How to recognize and respond to a "drug-curious" youth.
- How to recognize and respond to a youth who may be "Drug-Active."
- Social Media: Where are children and youth getting their information?

### PRESENTATION DATES

Heritage Woods Secondary	Wednesday, February 15, 2017 at 7 p.m.
Riverside Secondary	Tuesday, February 21, 2017 at 7 p.m.
Centennial Secondary	Wednesday, February 22, 2017 at 7 p.m.
Port Moody Secondary	Thursday, February 23, 2017 at 7 p.m.
Dr. Charles Best Secondary	Tuesday, April 4, 2017 at 7 p.m.
Terry Fox Secondary	Wednesday, April 5, 2017 at 7 p.m.
Gleneagle Secondary	Wednesday, April 19, 2017 at 7 p.m.

### PRESENTERS

**Robb McGirr** is an addictions counselor at Front-Line Prevention Services specializing in school-based prevention and early intervention. He is a consultant for the school district working under the direction of the district's student wellness and safety portfolio. Robb has a long history with both our schools and community having worked as a Port Moody police officer for 20 years, and a youth substance-use prevention specialist for the last 11 years.

**SHARE Family & Community Services** is a non-profit agency that provides a wide variety of programs and services in the community. SHARE is the primary resource for substance use prevention and intervention in the Tri-Cities, Belcarra and Anmore. There are two health promotion facilitators that have many years of experience. They provide evidence-based, leading edge prevention programs in the schools throughout the year. The SHARE youth substance use program also have clinical counsellors who provide free individual counselling services for youth aged 12 to 24.



To learn more visit: [www.sd43.bc.ca](http://www.sd43.bc.ca)



## 2017 SUMMER INSTITUTES Professional Learning Programs for Teachers

### DEPARTMENT OF CURRICULUM & PEDAGOGY

#### CRITICAL INQUIRY IN HEALTH EDUCATION

> [pdce.educ.ubc.ca/HealthEd](http://pdce.educ.ubc.ca/HealthEd)

EDCP 327 96A

July 24 - August 11 | UBC Vancouver

#### AGRICULTURE IN THE CLASSROOM

> [pdce.educ.ubc.ca/Agriculture](http://pdce.educ.ubc.ca/Agriculture)

EDCP 329 96A | NON-CREDIT

July 17 - 21 | Abbotsford

#### CURRICULUM DESIGN AND EVALUATION IN HOME ECONOMICS

> [pdce.educ.ubc.ca/2017HomeEc](http://pdce.educ.ubc.ca/2017HomeEc)

EDCP 362B 96A

July 4 - 7 | Kelowna

#### PERU SUMMER INSTITUTE

Ecology, Technology & Indigeneity in the High Amazon

> [pdce.educ.ubc.ca/Peru2017](http://pdce.educ.ubc.ca/Peru2017)

EDCP 467A 93A & EDCP 467B 93A

June 4 - 24 | Lamas, Peru

#### ECOLOGY OF FOOD

> [pdce.educ.ubc.ca/FoodStudies](http://pdce.educ.ubc.ca/FoodStudies)

EDCP 495B 96A | NON-CREDIT

July 10 - 14 | Victoria

#### INNOVATIONS IN PHYSICAL EDUCATION

> [pdce.educ.ubc.ca/PhysEd](http://pdce.educ.ubc.ca/PhysEd)

EDCP 530 96A | NON-CREDIT

July 10 - 14 | UBC Vancouver

#### INTRODUCTION TO LOCAL OUTDOOR AND EXPERIENTIAL LEARNING (MAY & JULY)

> <http://pdce.educ.ubc.ca/OutdoorEdMay>

EDCP 323 93A

May 8 - June 18 | UBC Vancouver & Deas Island

> <http://pdce.educ.ubc.ca/OutdoorEdJuly>

EDCP 323 96A

July 4 - 21 | UBC Vancouver & Deas Island

#### ADVANCED METHODOLOGY IN OUTDOOR ENVIRONMENTAL EDUCATION

> [pdce.educ.ubc.ca/OEEcurriculum](http://pdce.educ.ubc.ca/OEEcurriculum)

EDCP 423 96A

July 17 - August 4 | UBC Vancouver & Deas Island

### DEPT OF EDUCATIONAL AND COUNSELLING PSYCHOLOGY, AND SPECIAL EDUCATION

#### 2017 ALUMNI'S CHOICE SUMMER INSTITUTE

TEACHING TO DIVERSITY:  
UDL AND THE NEW BC CURRICULUM

> [pdce.educ.ubc.ca/2017AlumniChoice](http://pdce.educ.ubc.ca/2017AlumniChoice)

EPSE 390C 96B | EPSE 565I 96B and EPSE 390A 96B | NON-CREDIT

July 10 - 21 | UBC Vancouver

#### AUTISM SPECTRUM DISORDER AND MENTAL HEALTH: UBC Summer Scholar - Jonathan Weiss, PhD

> [pdce.educ.ubc.ca/ASD](http://pdce.educ.ubc.ca/ASD)

ESPSE 565A 95I | NON-CREDIT

July 10 - 21 | UBC Vancouver

### DEPARTMENT OF LANGUAGE & LITERATURE

#### INSTITUT DE FRANÇAIS

> [pdce.educ.ubc.ca/QuebecCity](http://pdce.educ.ubc.ca/QuebecCity)

NON-CREDIT PROGRAM

July 3 - 21 | Quebec City

#### TEACHING ENGLISH LANGUAGE LEARNERS

> [pdce.educ.ubc.ca/TeachingEnglish](http://pdce.educ.ubc.ca/TeachingEnglish)

LLED 478A 96A

July 10 - 14 | UBC Vancouver

#### UBC-RITSUMEIKAN JOINT TESL CERTIFICATE

> [pdce.educ.ubc.ca/TESL](http://pdce.educ.ubc.ca/TESL)

LLED 478C 93A & LLED 399 93A

July 3 - August 3 | Kyoto, Japan

#### CRITICAL MULTICULTURALISM: EMPOWERING TEACHERS, TRANSFORMING SCHOOLS

> [pdce.educ.ubc.ca/Multiculturalism](http://pdce.educ.ubc.ca/Multiculturalism)

LLED 480B 96A | LLED 565A 96A

July 5 - 24 | UBC Vancouver

#### CRITICAL VISUAL LITERACY

> [pdce.educ.ubc.ca/VisualLiteracy](http://pdce.educ.ubc.ca/VisualLiteracy)

NON-CREDIT PROGRAM

July 5 - 6 | UBC Vancouver

### INSTITUTE FOR EARLY CHILDHOOD EDUCATION AND RESEARCH

#### SUPPORTING ABORIGINAL FAMILIES OF YOUNG CHILDREN WITH DISABILITIES

> [pdce.educ.ubc.ca/EarlyChildhood](http://pdce.educ.ubc.ca/EarlyChildhood)

ECED 480A 96A | NON-CREDIT

July 8 - 15 | UBC Vancouver

### TEACHER EDUCATION OFFICE

#### SAFE IS NOT ENOUGH: SEXUAL ORIENTATION AND GENDER IDENTITY EDUCATION LEADERSHIP

> [pdce.educ.ubc.ca/SOGI](http://pdce.educ.ubc.ca/SOGI)

NON-CREDIT PROGRAM

July 4 - 5 | UBC Vancouver

### UBC OKANAGAN

#### INTRODUCTION TO CREATIVE CODING

Coding for Creative and Artistic Expression

> [pdce.educ.ubc.ca/SIE-Okanagan](http://pdce.educ.ubc.ca/SIE-Okanagan)

EDST 498R 101

July 4 - 7 | UBC Okanagan

#### smartEDUCATION: DEVELOPING A PEDGAGOGY OF WELL-BEING

> [pdce.educ.ubc.ca/SIE-Okanagan](http://pdce.educ.ubc.ca/SIE-Okanagan)

EDST 498U 101 | EDST 592A 101

July 4 - 21 | UBC Okanagan

#### SUCCESS FOR ALL: DESIGNING INCLUSIVE ASSESSMENT WITH BC'S RENEWED CURRICULUM

> [pdce.educ.ubc.ca/SIE-Okanagan](http://pdce.educ.ubc.ca/SIE-Okanagan)

EDST 498L 101

July 31 - August 4 | UBC Okanagan

#### ADDITIONAL LANGUAGE TEACHING & LEARNING: Theory and Practice of Teaching English as an Additional Language

> [pdce.educ.ubc.ca/SIE-Okanagan](http://pdce.educ.ubc.ca/SIE-Okanagan)

EDST 498W 101 | LLED 494 101

July 4 - 21 | Online

### FACULTY OF EDUCATION, GENERAL

#### INQUIRY AND INNOVATION FOR SCHOOL AND SYSTEM LEADERS

> [pdce.educ.ubc.ca/Inquiry&Innovation](http://pdce.educ.ubc.ca/Inquiry&Innovation)

NON-CREDIT PROGRAM

July 7 - 8 | UBC Vancouver

#### MAKE LEARNING FUN: INTEGRATING DIGITAL TECHNOLOGIES IN YOUR CLASSROOM

> [pdce.educ.ubc.ca/Technology](http://pdce.educ.ubc.ca/Technology)

NON-CREDIT PROGRAM

July 6 - 7 | UBC Vancouver

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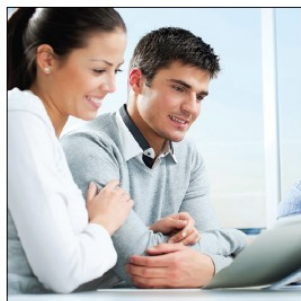
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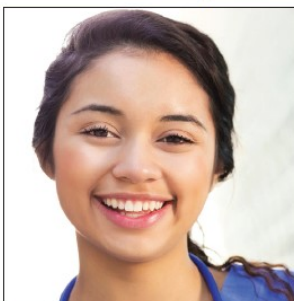
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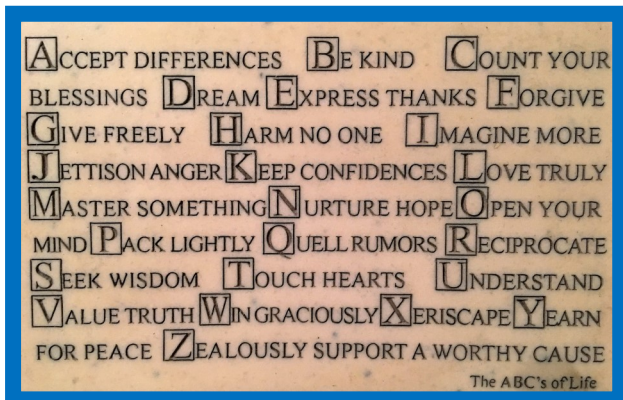
604.936.4261



### 'Children...Learn What They Live'

If a child lives with criticism,  
he/she learns to condemn.  
If a child lives with hostility,  
he/she learns to fight.  
If a child lives with ridicule,  
he/she learns to be shy.  
If a child lives with shame,  
he/she learns to feel guilty.  
If a child lives with tolerance,  
he/she learns to be patient.  
If a child lives with encouragement,  
he/she learns confidence.  
If a child lives with praise,  
he/she learns to appreciate.  
If a child lives with fairness,  
he/she learns justice.  
If a child lives with security,  
he/she learns to have faith.  
If a child lives with approval,  
he/she learns to like himself/herself.  
If a child lives with acceptance and  
friendship,  
he/she learns to find love in the world.

Author Unknown



### 'What All Children Want Their Parents to Know...'

Teach me to love and care for myself  
Through your positive example.  
I will learn much more from what you do  
Than from anything you could ever say.

Notice me often,  
And take joy in my existence,  
So that I may grow up to feel special  
And know that I am loved.

Listen to me  
With an open ear and a loving heart  
So that I learn to understand my feelings  
And trust that my needs will be heard.

Play with me often.  
Let down your guard and be carefree.  
The memories will last long,  
And our connection even longer.

Focus on what I'm doing right,  
And tell me when you appreciate me,  
So that I learn to feel worthy  
And motivated to do even more.

Tell me more about your life,  
Your hopes, dreams, and successes,  
So that I can come to know you as a person  
And can call you my friend  
As well as my parent.

1996 Julia Loomans and her daughter Diane Loomans